

# KIPKEU SHARON JERUTO

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## OBJECTIVE

A compassionate and dedicated home care professional with 2 years of experience providing personalized care to elderly and disabled clients. I am skilled in assisting with daily living activities, maintaining a safe and clean environment, and providing emotional support. I am seeking a position to apply my skills to improve the quality of life for needy individuals.

## PROFESSIONAL EXPERIENCE

Home Care Provider  
Unity Home Care Service, Kenya

March 2021 - May 2022

- Assisted clients with daily living activities such as bathing, dressing, grooming, and meal preparation.
- administered medication reminders and ensured adherence to prescribed health regimens.
- Maintained accurate records of clients' condition, care, and progress.
- Provided companionship and emotional support, helping to reduce feelings of isolation.
- collaborated with families and healthcare professionals to create and implement individualized care plans.

Caregiver  
[Hope family—Kenya]

September 2022–July 2024

- Assisted clients with mobility, including transfers, walking, and exercise.
- managed light housekeeping, laundry, and grocery shopping.
- supported clients with personal hygiene and medication management.
- Communicated effectively with clients' families to update them on their loved one's well-being.

## SKILLS

- compassionate and patient-centred care
- Strong communication and interpersonal skills
- Knowledge of medication administration and safety protocols
- Time management and organizational abilities
- Familiar with basic health monitoring (e.g., blood pressure, pulse, glucose levels)
- Light housekeeping and meal preparation

## QUALIFICATIONS

Certified Nursing Assistant (CNA) [Kenya Medical Training College], - 2021  
\*\*CPR and First Aid Certification] - 2022

## EDUCATION

Kenya Medical Training College  
[Diploma]—[october/2022]  
[Kenya]

## REFERENCE

Available upon request.

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State EDMONTON AB