

# CHISOM PRECIOUS

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## **PROFESSIONAL SUMMARY**

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Compassionate and dedicated Healthcare Aide with 5+ years of experience in providing high-quality patient care in various healthcare settings. A track record of managing workloads and prioritizing tasks with effective time management. Seeking to leverage my skills and experience to contribute effectively to the well-being of patients.

## **PROFESSIONAL SKILLS/CORE COMPETENCIES**

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- **Skills:** Communication and writing skills, leadership, organizational skill, problem-solving, agility, teamwork, strategic thinking, and self-improvement, Customer service, Data Entry, Inventory management, Active listener,
- **Clients' Documentation Tool:** Point-of-Care,
- **Workflow & Business Process Management:** Microsoft Teams, Outlook, Google Calendar
- **Computer Skills:** Microsoft Excel, MS PowerPoint, MS Word

## **WORK EXPERIENCE**

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### **Community Outreach Specialist**

**Nurse Next Door, Edmonton, AB**

**Dec. 2023 - current**

- Observe and documented resident status and reported client complaints to the case manager.
- Monitor and record vital signs, report any changes to nursing staff.
- Assist residents with mobility and physical exercises to improve residents' health.
- Maintain a clean and safe environment by following health and safety guidelines ensuring all care is conducted in a manner that respects residents' dignity and promotes independence.
- Support residents with medication reminders and administer prescribed treatments.
- Foster positive relationships with residents and their families to enhance their care experience.
- Administer medications as prescribed and monitor residents for any adverse reactions, ensuring prompt reporting to nursing staff.
- Maintain detailed and accurate records of resident's care, activities, and any changes in their physical or emotional condition.
- Engage residents in social and recreational activities to enhance their quality of life and maintain cognitive function.
- Collaborate with nursing staff and other healthcare professionals to develop and implement personalized care plans.

### **Community Support Worker**

**Chrysalis, Edmonton, AB**

**Aug. 2021 – Dec. 2023**

- Assisted in the care of residents with chronic illnesses and disabilities.
- Provided companionship and support for clients, engaging them in activities and conversations to maintain cognitive and emotional health.
- Performed routine tasks such as preparation and serving of meals and snacks according to prescribed diets, and assisted residents' toileting, and personal hygiene.
- Collaborated with nursing staff to ensure comprehensive care plans were followed.
- Provided emotional support and companionship to enhance patients' quality of life.
- Documented patient progress and reported any significant changes to medical staff

- Monitored clients' health by checking vital signs and observing physical and mental conditions, and reported any changes in clients' health status to the supervising nurse.
- Assisted with meal planning and preparation, ensuring meals adhered to specific dietary restrictions and nutritional guidelines.
- Managed household tasks such as cleaning, laundry, and grocery shopping to support clients' ability to live independently at home.
- Coordinated with family members and healthcare professionals to ensure comprehensive and continuous care.

#### **EDUCATION**

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- **Health Care Aide Certification** **2024**  
Makani College
- **Bachelor of Social Science** **2021**  
Anambra State University

#### **TRAINING AND PROFESSIONAL DEVELOPMENT**

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- **Standard First Aid- level C CPR** **2023**
- **Food Handler Certificate** **2023**
- **Medication administration** **2023**

#### **REFERENCE**

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Upon request