

# **Enow Belinda Agbor**

Belynee90@yahoo.com

# PROFESSIONAL SUMMARY

Experienced with child engagement and educational activities, fostering nurturing and stimulating environment. Utilizes creative play and structured routines to support developmental milestones. Track record of effective communication with parents and staff to ensure cohesive approach to childcare.

#### SKILLS

- Cleaning and sanitizing
- Art and craft activities
- Music and movement
- Recreational activities
- Health and wellness promotion
- Patience and empathy
- Activity planning
- Toilet training assistance
- Rest time monitoring

#### **WORK HISTORY**

#### CHILD CARE WORKER

01/2024 to CURRENT

### McLeod Community Early Learning and Child Care Center | Edmonton, AB

- Create engaging lessons and activities that help children understand the importance of hygiene and encourage them to develop regular self-care routines.
- Conduct regular inspections of the play equipment and surrounding area to identify potential hazards. Ensure that the playground is free of obstacles or any unsafe conditions.
- Follow all safety, health, and cleanliness regulations and procedures.
- Develop and deliver interactive lesson plans
- Maintain open communication with parents and other staff members to share updates on the children's progress and any concerns regarding their well-being or behavior.
- Ensures that all policies for the department were implemented towards providing appropriate care and educational programs for children

#### **HOUSING SUPPORT WORKER**

01/2022 to 01/2023

#### Shepherds Of Good Hope | Ottawa

- Building rapport and establishing strong professional relationships with clients
- Providing support for clients using harm reduction strategies and philosophy
- General housekeeping and consistent cleaning and sanitizing of the home
- Observing and recording client's behaviour and general building activities

- Incident report writing and documentation as at when due
- Helped and supervised clients with performing prescribed exercises
- Providing companionship and emotional support
- Communicating with health personnel and monitoring medications
- Helped with bathing and grooming

#### CHILD AND YOUTH CARE SUPPORT WORKER

01/2020 to 01/2021

#### **CBC HOME CARE SERVICES**

- Supporting clients with social and physical activities as well as basics such as eating, and drinking
- Assisted and supported clients in establishing and maintaining healthy routines and life skills (household shopping, meal planning, preparation, maintenance, money management etc.)
- Receiving program phone calls during shifts, meal planning and preparation for residents
- Organized and maintained clean-living environment to create a safe supportive home for the clients
- Administered prescribed medication following set down procedures, including documentation on catalyst app
- Provided information on the progress of clients through daily case notes, documentation, and logbook tracking
- Implemented behavior management programs, Maintained program statistics for purposes of evaluation
- Provide suicide and crisis intervention while adhering to client's safety plan
- Assess client's relevant skills, strengths and development needs and eligibility for specific services

### COMMUNITY/BEHAVIOURAL SUPPORT WORKER

01/2019 to 01/2020

## **EBONG'S HOME CARE | Limbe, Cameroon**

- Established and maintained healthy routines and life skills (household shopping, meal planning, preparation, maintenance, money management etc.)
- Organised and maintained a clean residence to create a safe supportive environment for clients
- Attended staff and house meetings and community outings with clients
- Communicated information on the progress of clients through daily case notes, and tracking
- Implemented behavior management programs, Maintained program statistics for purposes of evaluation
- Prepared daily, monthly, and quarterly report, individual care plan and case histories
- Assessed client's relevant skills, strengths and developmental needs including eligibility for specific services
- Liaised with other health care providers involved with clients and

- accompanied clients to hospital appointments and social outings
- Encouraged clients through one on care support, assist with personal care

#### **EDUCATION**

**Standard First Aid and CPR/AED** 

**WHIMS 2015** 

Certificate in Health Assistance | Health Assistant

06/2015

Biaka Nursing Training College, Cameroon

# PROFESSIONAL HIGHLIGHTS

- Excellent verbal and written communication skills
- Ability to remain calm, patient, and polite in challenging and difficult situations.
- Skilled in establishing and building rapport with clients.
- Dependable friendly and a dedicated worker
- Great team player
- Very good at planning, organizing and prioritizing task.
- Ability to work independently and as a valuable member of a team.
- Experienced in working with mentally challenged youths and adults with ongoing addiction.

LANGUAGES (

**English** 

French

**Professional Working** 

Native or Bilingual

CERTIFICATIONS

Level 1 Early Childhood Educator Certificate First Aid

Workplace Violence and Harassment

**VOLUNTEER WORK** 

Assisted at the Edmonton Food Bank

REFERENCES

**Upon Request** 

**AVAILABILITY** 

Available to start as soon as needed