**Kirandeep Kaur** (HCA Directory: 81351)

Edmonton, AB

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# CAREER OBJECTIVE

My passion is enhancing the well-being of others, and I have always aspired to make a meaningful difference in healthcare. This has led me to pursue a career in nursing and gain experience in this noble profession. I am furthering my education by pursuing a post-graduation certification in Gerontology and Hospice Palliative Care. I am eager to find a fulfilling role that will allow me to apply my skills wholeheartedly and positively impact the organization’s success.

# EDUCATION

Gerontology and Hospice Palliative Care Program, MacEwan University Jan. 2024 - Present Edmonton, Alberta

General Nursing and Midwifery, Sigma College of Nursing, Punjab, India July 2017- Jan 2021

# EMPLOYMENT HISTORY

# HEALTH CARE AIDE Aug. 2024 – Jan. 2025

# Caregivers Home Health Care, Edmonton, AB

* Assist with bathing, grooming, eating and dressing.
* Help clients move, transfer, or reposition.
* Supporting walking and physical activities to maintain mobility.
* Remind clients to take medications as prescribed.
* Offer companionship and emotional support.

**STAFF NURSE Aug. 2022 – Nov. 2023 Shilpy Hospital, Ludhiana, Punjab, India**

* Provide pre and post-operative care to the patients.
* Administer oral and intravenous medications.
* Maintain hygiene and prevent the patient from infection by performing catheter care.
* Ensure the patient is comfortable, well-fed, and hydrated.
* Perform basin nursing duties such as changing bandages and wound dressings.

**STUDENT NURSE July 2021 - June 2022**

**Shri Krishna Charitable Hospital (Ludhiana)**

* Ensure the health and well-being of young patients.
* Monitored children’s health and update their health status.
* Ensure the safety of the patients themselves and others.
* Administer oral medication as per physician’s order.
* Respond quickly to medical emergencies such as trauma and allergic reactions.

**STUDENT NURSE March 2019- Feb. 2020**

**Vidya Sagar Mental Hospital, Amritsar, India**

* Assisted clients with bathing, dressing, and other personal hygiene activities.
* Engaged patients in recreational activities to promote socialization and mental stimulation.
* Provide individualized care, respecting patients' autonomy and safeguarding their confidentiality and privacy.
* Offer emotional support and companionship to enhance patient well-being.
* Provide dementia care and other mental health care to patients.

**STUDENT NURSE**

**Civil Hospital, Ludhiana, Punjab, India July 2018- Feb. 2019**

* Checked the vital signs of the patients.
* Participated in patient assessments and provided emotional support.
* Monitored patient’s health and updated their health status.
* Assisted in various departments, including medical-surgical, pediatrics, and maternity unit.

# SKILLS

* Ability to communicate effectively with patients and the health care team.
* Ability to remain calm and focused in high-pressure situations.
* Detailed-oriented and committed to maintaining patient confidentiality.
* Strong interpersonal skills.
* Committed to person-centred care and advocating for clients.
* Strong analytical and problem-solving skills.
* Experience to handle dementia clients and those who suffer from mental illness.
* Empathetic, compassionate, understanding, and non-judgemental in dealing with clients.

# VOLUNTEER EXPERIENCE

▪ Participated in Community Health Programs: Provide door-to-door health education about malaria, and polio in community settings.

▪ Participated in pulse polio drop camps organized by Auxiliary Nurses and Midwives in government dispensaries.

▪ Provided companionship and assistance to elderly residents in a community center.

# CERTIFICATES / LICENCES

* Certified for COVID-19 infection control and PPE Training.
* Certified for first aid and CPR.
* Current National Police Certificate
* Fully vaccinated
* Valid HCA certificate from Edmonton, Alberta.
* Certified for Manual handling.