

# Christabel Nyamweno

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## Objective

Dedicated and detail-oriented professional with extensive experience in caregiving, housekeeping and hospitality management. Seeking a position where I can utilize my strong organizational skills, empathy and interpersonal abilities to provide exceptional service while ensuring a clean, safe and welcoming environment. Committed to maintaining high standards of quality and exceeding client expectations in dynamic and fast-paced settings.

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## Professional Experience

**Caregiver** *Cheshire Home* | St Peter Port, Guernsey

**Jan 2024 – Sep 2024**

- Ensured that housekeeping carts were kept clean, organized, and fully stocked for efficient room cleaning.
- Managed medication schedules and documented health progress in detailed reports.
- Assisted residents with personal hygiene, dressing, and grooming.
- Provided emotional support and companionship to residents.
- Ensured compliance with safety and health standards during transfers and mobility assistance.

**Housekeeping Assistant/Caregiver** *Channel Island Healthcare* | St Peter Port, Guernsey

**Jan 2023 – Sep 2024**

- Maintained cleanliness and order in resident's rooms and public areas, including thorough dusting, vacuuming, and sanitizing.
- Performed machine mopping, dusting, and general cleaning in resident rooms and public spaces.
- Laundered linens and restocked room supplies to maintain comfort and cleanliness.
- Assisted with meal service, including setting and clearing tables and serving food and beverages.
- Ensured the kitchen and dining areas were thoroughly cleaned, including floors, tables, and chairs.
- Followed infection control procedures to ensure a safe and healthy environment for residents and staff.
- Provided support with daily living activities such as errands and laundry services.

**Cleaner** *Greenclean Ltd* | St Peter Port, Guernsey

**Jul 2022 – Sep 2024**

- Conducted deep cleaning tasks, including vacuuming, mopping, dusting, and sanitizing bathrooms and common areas.
- Maintained an organized inventory of cleaning supplies and restocked as needed.
- Adhered to established cleaning protocols and exceeded guest satisfaction standards.
- Responded promptly to client requests for additional cleaning services or project cleaning tasks.

**Caregiver** *Highfield House* | St Peter Port, Guernsey

**Oct 2022 – Nov 2023**

- Supported residents with daily activities, including safe lifting, repositioning, and personal care.
- Assisted with feeding and ensured residents received balanced and nutritious meals.
- Maintained accurate documentation of residents' routines and health progress.
- Provided companionship and emotional support to enhance residents' quality of life.

**Housekeeping Assistant** *Best Western Hotel De Havelet* | St Peter Port, Guernsey  
**Jul 2022 – Jul 2023**

- Ensured that housekeeping carts were properly stocked and organized to streamline room turnover.
- Thoroughly cleaned and prepared guest rooms, including dusting, making beds, and replenishing supplies.
- Washed and sanitized public washrooms, ensuring they met hygiene standards.
- Cleaned dining areas and kitchen equipment, meeting the hotel's quality standards.
- Responded to guest requests promptly and maintained a well-organized housekeeping cart.

**Housekeeping Supervisor** *Remote Project Services Group (RPSG)* | Basra, Iraq  
**Oct 2015 – May 2022**

- Supervised a team of housekeeping staff, ensuring adherence to cleaning schedules and standards.
- Conducted project cleaning initiatives, including floor treatments and equipment sanitization.
- Inspected guest areas and public spaces to ensure cleanliness and quality control.
- Trained team members on cleaning protocols and safety measures.

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**Skills**

- **Room Preparation & Cleaning:** Proficient in preparing guest rooms to high standards, including making beds, replacing linens, and ensuring essential amenities are available.
- **Cleaning Techniques:** Knowledgeable in various cleaning methods and safety protocols, including WHMIS standards, to ensure cleanliness and hygiene in guest rooms and public areas.
- **Physical Stamina:** Able to perform physically demanding tasks such as standing, walking, bending, and lifting for extended periods while maintaining efficiency and attention to detail.
- **Team Collaboration:** Experienced in working with teams to ensure the smooth operation of housekeeping tasks, while also being self-motivated and capable of working independently.
- **Time Management:** Ability to meet strict cleaning standards within set timelines, ensuring rooms are ready for guests in a timely manner.
- **Customer Service:** Strong communication and interpersonal skills, ensuring guest satisfaction through high-quality cleaning and a helpful attitude.

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**Certifications**

- **First Aid and CPR/AED** Canadian Red Cross | Edmonton, Alberta **Oct 2024**
- **WHMIS Certificate** Canada Safety Training Centre | Edmonton, Alberta **Oct 2024**
- **Care Certificate** Blue Stream Academy | United Kingdom **Jan 2024 – May 2024**

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**Education**

- **Diploma in Tourism and Hospitality Management** Intraglobal Training Institute | Kisii, Kenya **2008 – 2010**
- **Certificate in Computer Studies** Young Women Christian Association | Kisii, Kenya **2004 – 2005**
- **Kenya Certificate of Secondary Education (KCSE)** Nyanchwa Adventist High School | Kisii, Kenya **2000 – 2003**