

Blesson

Social Worker

Professional Summary

Dedicated social worker with 7 years of experience demonstrating a strong commitment to serving disadvantaged youth and adults, including homeless, emancipated youth, and special-needs populations. Skilled at building strong community support and strategic partnerships to transform under-served populations.

Work Experience

Community Disability Practitioner:

Independent Advocacy – Edmonton, Alberta
October 2022 – Till date

Position Responsibilities

As a CDP, I work with people who have developmental, Emotional, or Physical Disabilities.

- Help clients access community services related to their medical, recreational, learning, employment, and leisure needs and enhance social inclusion.
- Supervise and ensure safety of clients.
- Promote personal growth and self-determination.
- Evaluate each person's abilities and needs and work on them.
- Perform Crisis Intervention and De-escalation when needed.
- Assist individuals in developing and maintaining coping strategies to manage their symptoms.
- Provide support, training and guidance to clients and their families
- Create and maintain records and chart their progress
- Find programs that provide relevant services and help people access those services.
- Coordinating and reviewing client's progress
- Providing medical assistance and medication administration.
- Assisting in Personal Care of residents (if needed)
- Review research to inform best practices.


Regional Coordinator:


Christian Medical Association of India - Delhi, Delhi
May 2018 to June 2022

Position Responsibilities:

- Networking with organization partners & also like minded institutions (including government agencies) to broaden the organization network.
- Serve as a member of interdisciplinary teams of professionals working with hospitals and conducting regular meetings with them to know the status and needs of the client.

Contact

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 167 Ave, Edmonton

Skills

Professional

- Excellent Communication Skills
- Project Management
- Effective Team Work
- Crisis Intervention
- Organizing Events/Workshops
- Networking & Communication
- Report Writing
- Critical Thinking & Problem Solving
- Addictions counseling

Technical

- Microsoft Office
- Outlook
- Microsoft Teams
- Zoom

Education

MSW- Masters of Social Work

Bharathiar University
Coimbatore, India
May 2013- April 2015

Recognized as equivalent to a Canadian Master of Social Work Degree by CASW

BSc IT- Bachelors of Science in Information Technology

Punjab Technical University
Ludhiana, Punjab

- Plan and co-ordinate programs of assistance for member hospitals and individuals including referrals to agencies that provide assistance on legal matters, medical education, and upgradation in technology and other services.
- Act as advocate for member hospitals in the region, and communicate with CMAI for solutions, and help develop prevention and intervention programs to meet their needs.
- Co-ordinate various training programs, social programs, medical camps and so on conducted by CMAI.
- Provide mediation services for psychosocial assessment and mental health counseling by professionals through seminars webinars and trainings.
- Evaluate various the effectiveness of counseling, social programs Trainings, and so on, carried out by member institutions and communities.
- Provide public education and consultation to professionals or Groups regarding counseling services and methods.
- Connecting clients to organizations for Volunteering, Internship & Employment
- Field Visits and Report Documentation.

Coordinator

Indian Pentecostal Assemblies - Coimbatore, Tamil Nadu
April 2017 to March 2018

Position Responsibilities:

- Help clients improve parenting skills, family bonding, reduce family stress.
- Assist parents in developing problem-solving and coping skills by providing supportive counseling and/or referring them to appropriate community agencies.
- Facilitate educational workshops such as behavior management, parenting skills, household management, etc.
- Organizing events for the youth and vulnerable individuals.
- Helping youths in developing skills required for employment.
- Field Visits and documentation
- Counseling Youth & Families

Child Development Worker:

Ashirwad Child Development Center- Compassion INDIA
June 2011 to June 2013

Position Responsibilities:

- Holistic development, Medical assistance & Mental Health Assessment of Children.
- Organizing and Implementing Recreational Activities for children.
- Addiction Counseling for young and their families

Trainings and Awards:

- Non-Violent Crisis Intervention
- CPR and Standard First
- Aid Level C
- Fire and Safety
- Mental Health First Aid
- Protecting Patients from Sexual Abuse and Misconduct
- Distinction Holder in Masters

DISSERTATION / PROJECT WORK DONE:

A STUDY ON HIV/AIDS TARGETED INTERVENTION ON INTRAVENOUS DRUG USERS (IDUs) WITH SPECIAL REFERENCE TO SARVAJAN SEVA SANSTHAN, LUDHIANA DISTRICT, PUNJAB.

References:

Available on Request

Languages & Other Interests

ENGLISH, HINDI, PUNJABI
PLAY INSTRUMENTS - GUITAR, DRUMS