Martee Cephas

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Objective: Community Disability Worker
Dedicated and compassionate Disability Support Worker with 9 years of experience providing care and support to individuals with disabilities. Skilled in assisting clients with daily living activities and ensuring their physical and emotional well-being.

Professional Experience:
Community Disability Support Worker

Independent Counseling Enterprises

Edmonton, Alberta

2023-Present

* Assisted clients with personal care tasks, including bathing, dressing, grooming, and toileting.
* Supported individuals with disabilities in daily activities, such as meal preparation, medication management, and household chores.
* Developed and implemented individualized care plans in collaboration with healthcare professionals.
* Provided emotional support and companionship to clients to enhance their quality of life.
* Monitored and documented clients' progress and any changes in their condition.

St. Joseph home of the handicapped and mentally Disabled

1289 Sinkor, Monrovia, Liberia

2016-2023 June

* Provided direct support to individuals in the community, including assisting with daily living activities, transportation, and social integration.
* Advocated for clients' needs and rights, collaborating with families, healthcare providers, and community resources.
* Developed and implemented individualized support plans based on clients' goals and preferences.
* Monitored clients' progress and made adjustments to support plans as needed.
* Participated in team meetings, case conferences, and training sessions to enhance service delivery.

Education:
Practical nurse
Tubman National Institute of Medical Arts ( TNINA) Sinkror, Monrovia. Liberia
Graduate date: 2015

Certifications:

* Medication Administration
* CPR and First Aid Certification

Skills
- Strong communication and interpersonal skills
- Empathy and understanding of diverse populations
- Ability to work collaboratively with clients, families, and multidisciplinary teams
- Knowledge of community resources and social services
- Excellent organizational and time management skills
- Excellent communication and interpersonal skills
- Empathy and compassion for individuals with disabilities
- Ability to work effectively in a team and independently
- Strong organizational and time management skills

support se- Knowledge of disability services and best practices