#### **CURRICULUM-VITAE**

#### ARUL DURAIKANNU

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#### **OBJECTIVE**

Seeking work as a **community disability support worker** position where I can utilize my education, knowledge, experiences, and skills for the mutual benefits in a growth oriented and challenging environment.

#### **HIGHLIGHTS OF MAJOR ASSETS**

## Entrust Disability (CSW) (2020-2023):

- Supervised and assist with daily living activities due to absence or need for relief for family members and guardians who usually care for the child or young adult.
- Assist client with different academic subject.
- Observed clients performance, and recorded relevant data to assess progress
- Changing the lives of children with Autism. Present intensive individual support services interact with
  the client to implement the goals and objectives on the treatment plans, and collect and analyze data
  to ensure progress on current goals.
- Provide extra assistance to students with special need, such as those with physical and mental disabilities.
- Planned, directed and monitored instructional methods and content of education vocational or student activity programs
- Follow the behavioral support plan as prescribed by a behavioral specialist and/or Teacher
- Assist client in adapting to the FFL (assisting and coordinating with chin-touch pad use, hearing aid, Rogers's pen, scribing during writing exams) developing social skills, self-esteem, independence and interaction with others.
- Tutored and assisted clients individually or in small group to help those master assignments and to reinforce learning concepts presented by behavioral specialist/mentors.
- Enforced administration policies and rules governing clients.
- Discussed assigned duties with mentors/supervisor to coordinate instructional efforts
- Observed clients performance, and recorded relevant data to assess progress
- Presented subject matter to clients under the direction and guidance of mentors/behavioral specialist using lectures, discussions, or supervised role-playing methods.
- Service minded and more patience to deal with different people in a calm and courteous manner.
- Motivational with excellent multi tasking capacity.
- Very understanding, flexible, quick learner, gentle, and non-judgmental.
- Respect the client's right to privacy and to be treated with dignity and respect.
- Support Worker (Entrust, Edmonton, AB)
- Good computer skills, CPR, CPI, First aid tickets, Physical fitness for the job.
- Drug-free and have had no addictions
- Strong health service skills, excellent management skills.
- Understanding of young people and the issues they face. Ability to motivate young people and enjoy assisting the public.
- Record keeping

#### Good Samariten society (2022 -2023):

- Changing the lives of children with Autism. Present intensive individual support services interact with the client to implement the goals and objectives on the treatment plans, and collect and analyze data to ensure progress on current goals.
- Utilize the principles of behavior management through structured support, reinforcements and modeling techniques.
- These goals may be delivered at home or in the community
- Individualized developmental approach to improve skills, communication and the ability to functions in the surroundings.
- Supervised and assist with daily living activities due to absence or need for relief for family members and guardians who usually care for the child or young adult.

# Health care aid at Devenshore Christson community, Edmonton (Assisted living care Facility): March2022-April2022 (more than 240 hours)

- Assist client with personal care (bathing, dressing, etc.)
- Assist client with the self-administration of medications
- Preparation of meals
- Assist with oxygen administration
- Assist in physical exercises
- Perform various stimulation activities like eye stimulation, mouth stimulation etc.
- Work to maintain complete personal hygiene
- Measure and record patient temperature, pulse, respiration, and blood pressure when requested or directed by patient care plan
- Providing CPR and advanced life support
- Assist client with catheter care
- Provide a range of personal and physical care including but not limited to wheelchair assistance, toileting-brief change, using total sling lifting and shifting, feeding techniques (G-tube feeding), medication
- Assist client for recreational activity
- Facilitate client interaction to increase/enhance community inclusion.
- Assist families/relatives in providing care or aiding the individual to make appropriate living plans, resolve personal adjustment issues, or cope with other difficulties.
- Maintain open communication with community resources, professionals and agencies
- Ensure procedures are followed according to the established standards.
- Document and report any abuse of the client.
- Attending and participating training workshops.
- Provide therapeutic massage
- Maintain documentation
- Document and report any abuse of the client.
- Works closely with family members to organize and implement activities that encourage family participation/assistance.
- Assist families/relatives in providing care or providing assistance to the individual to make appropriate living plans, resolve personal adjustment issues, or cope with other difficulties.
- Maintain open communication with community resources, professionals and agencies

#### **EDUCATION**

- Health Care Aide (2022). MTG Halth care Academy, Edmonton, AB, Canada also registered in Alberta Health Care Aide Directory (Directory number: 1436)
- Master in science (2004-2007)

Department of Biochemistry and Biotechnology, Faculty of Science, Annamalai University, Annamalainagar, Tamilnadu, India

Bachelor in science (2001-2003)

Department of Biochemistry, Community College, Pondicherry University, Pondicherry, India

#### **CERTIFICATE COURSE IN CANADA:**

- Certification of Nonviolent Crisis Intervention from Crisis prevention Institute, Edmonton, Canada.
- Certificate of Achievement in Foundation training from Entrust Disability Services, Canada
- Certification of Achievement in Safe Bathing Training from Entrust Innovation for independence
- Certificate of Achievement in Fire Extinguisher Training in Entrust Disability Services, Canada
- Certificate of Achievement in Hazards Assessment training in Entrust Services, Canada
- Certification of Achievement in Medical Administration Training Entrust Disability Services.
- Certification of Standard First Aid, CPR/AED Level-C from Canadian Red cross, Canada
- Certification in Workplace Hazardous Material Information system (WHMIS) in CLAC, Canada
- Completed PPE training Module in Entrust Disability Service, Edmonton, Canada

#### **STATUS IN CANADA:**

Permanent Resident

#### **WORK EXPERIENCE**

Community Support Worker: Entrust Disability Service & Good Samaritan society, Edmonton, Canada )

- Assist client with personal care (bathing, dressing, etc.)
- Assist client with the self-administration of medications
- Provide therapeutic massage
- Assist in physical exercises
- Assist with meal preparation
- Provide routine house cleaning
- Promote our positive image in the community as the leading home care provider
- Work to maintain complete personal hygiene
- Maintain documentation
- Perform all duties within the boundaries of the personal care policies and procedures
- Perform household duties as designated by the place or care
- Perform various stimulation activities like eye stimulation, mouth stimulation etc.
- Transport client to and from doctor's office, grocery store and other essential errands
- Follow a care plan for the client and report on completed tasks
- Provide superior customer services to internal and external clients, customers and patients
- Communicate promptly any changes in client condition to Scheduler to communicate with Home Care Aide Supervisor/designee
- Submit Common Activities completion and shift exchange notes daily through the twill.care system
- Adheres to standards of practice within agency guidelines
- Maintain a safe and clean client environment

#### Research Assistant (2013-2021)

 Processed patient's samples and coordinated research activity in neurology department. Mental Health Institute, Division of Neurology, University of Alberta, Edmonton, Canada.

#### Volunteer in school for special needs, India (2008-2013)

- Participated and assisted children with Autism, mentally challenged, down syndrome
- Helped with recreational activities

## Support worker, Sun Organization, Puducherry, India (2006-2008)

- Facilitate client interaction to increase/enhance community inclusion.
- Works closely with family members to organize and implement activities that encourage family participation/assistance.
- Assist families/relatives in providing care or providing assistance to the individual to make appropriate living plans, resolve personal adjustment issues, or cope with other difficulties.
- Maintain open communication with community resources, professionals and agencies
- Ensure procedures are followed according to the established standards.
- Keep a record of allvisits and contacts with individual/family (i.e. outlining activities participated in, progress and barriers).
- Complete intake report for new clients.
- Document and report any abuse of the client.
- Attending and participating training workshops.

#### Health care worker at rajeshwari care, India (2003-2004)

- Assist families/relatives in providing care or aiding the individual to make appropriate living plans, resolve personal adjustment issues, or cope with other difficulties.
- Maintain open communication with community resources, professionals and agencies
- Ensure procedures are followed according to the established standards.
- Document and report any abuse of the client.
- Attending and participating training workshops.

## **COMPUTER EXPOSURE**

 Microsoft office programs, Outlook express, Internet working, Database searching, Statistical software's (SPSS, Cosinor Win, Graph Pad Prism).

#### **ADDITIONAL QUALIFICATION**

- Distinction in English Typewriting exam (Lower Grade)-Tamil Nadu State Govt.
- Second Class in English Typewriting exam (Higher Grade) Tamil Nadu State Govt.
- Distinction in Tamil Typewriting exam (Lower Grade) -Tamil Nadu State Govt.
- Diploma in Desk Top Publishing in SAR INFO TECH computer Education Centre, Pondicherry, India.

#### LANGUAGE SKILLS

- English (Dulingo English test ) score: Overall- 100 [test conducted by Columbia university in the city of New York] –Good in read, write, speak and listening
- Tamil (read, write, speak)

#### **COVID Vaccine status:**

Fully Vaccinated

#### **PERSONAL PROFILE**

Name : Arul Duraikannu

Sex : Male

**Phone** : 587 893 9269

Status in Canada: Permanent ResidentEmail: dksarul@gmail.com

# **COVID Vaccine status:**

Fully Vaccinated

# **REFERENCES**

• Available upon Request.