**KIRANDEEP KAUR**

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**PROFESSIONAL SUMMARY**

Highly motivated and compassionate International Nurse with [4] years of experience providing.

quality patient care in diverse healthcare settings. I am seeking a challenging position in a

reputable hospital or medical facility to utilize my skills, expertise, and multicultural background.

to contribute to the well-being of patients.

**SKILLS**

* Proficient in delivering compassionate, client-focused care to enhance and maintain everyday life quality.
* Enthusiastic and self-motivated, excelling both independently and as a team player.
* Skilled in providing personal care and assisting with daily activities like bathing, toileting, skin care, light meal prep, feeding, etc., in various settings.
* Physically capable of meeting job demands, including prolonged standing, bending, walking, crouching, kneeling, and lifting up to 25 kg.
* Possesses well-honed interpersonal skills for effective client communication and providing companionship where needed.
* Adept at observing and accurately reporting changes in client health or condition.
* Committed to treating seniors with dignity, respect, and confidentiality.
* Provides emotional support to patients and their families.
* Demonstrates effective interpersonal and time management skills, proficiently organizing tasks to handle workload and meet deadlines.
* Skilled in using computer programs for accurate record-keeping and documentation.

**WORK EXPERIENCE**

**Cashier/ Grocery Associate**

**Walmart Supercentre Lloydminster, Alberta (June, 2023 –June, 2024)**

**Responsibilities**

* Responsible for processing payments, cash-in and cash-out tasks.
* Stay up-to-date on the latest products. This can help better to serve customers and provide informed recommendations.
* Manage inventory level and place orders for new inventory when necessary, and ensure that all products are accurately accounted for.
* Providing excellent customer service by greeting in a polite and friendly manner.
* Loaded, unloaded, and moved material to and from storage and production areas.
* Use handheld devices and computers to record and monitor inventory levels
* Impacted work areas for cleanliness and obstacles and removed cartons and boxes to keep work areas organized and hazard-free

**Sukhmani Super Specialty Hospital, Ferozpur, India Aug 2022- May 2023**

**Staff Nurse**

Responsibilities:

* Provided nursing care to patients in a [specific department or unit], including assessment, planning, implementation, and evaluation of care.
* Administered medications, monitored vital signs, and performed various treatments by physicians' orders.
* Assisted in surgical procedures, ensuring proper sterile techniques and patient safety.
* Collaborated with the healthcare team to develop and implement care plans,
* Ensuring patient needs were met effectively.
* Educated patients and their families on postoperative care, medicationmanagement, and lifestyle modifications.
* Assisted in the orientation and training of new nursing staff, ensuring a smoothtransition and adherence to hospital policies.
* Acted as a patient advocate, ensuring patients' rights were respected and theirvoices were heard.

**Guru Nanak Super Specialty Hospital, Tarn Taran, India Feb. 2020-Feb.2022**

**Staff Nurse**

* Monitor patient’s condition and assess their needs to provide the best possible care and advice Observe and interpret patient’s symptoms and communicate them to physicians Collaborate with physicians and nurses to devise individualized care plans for patients
* Perform routine procedures (blood pressure measurements, temperature pulse respiration rate and administering injections etc) and fill in patients’ charts
* Adjust and administer patient’s medication and provide treatments according to physician’s orders
* Inspect the facilities and act to maintain excellent hygiene and safety (decontaminating equipment, sanitizing surfaces, preparing beds etc.)
* Provide instant medical care in emergencies
* Assist surgeons during operations

**Adesh Institute of MedicalSciences, Sri Muktsar Sahib, PunjabSeptember2014-September2018**

**Student Nurse**

Responsibilities:

* Provide personal care and assistance with activities of daily living such as
* bathing, toileting, skin care, light meal preparation, feeding, etc.
* Provided comprehensive nursing care to patients from diverse cultural backgrounds,
* ensuring their physical, emotional, and psychological well-being.
* Assessed patient's conditions and collaborated with healthcare team members to
* develop and implement individualized care plans.
* Administered medications, performed various treatments, and monitored vital signs to
* maintain optimal patient health.
* Assisted in emergencies, including trauma care, and cardiac arrest.
* response, and resuscitation efforts.
* Conducted patient education on disease prevention, medication management,
* and lifestyle modifications to promote optimal health outcomes.
* Actively participated in interdisciplinary rounds and case conferences to coordinate.
* patient care and ensure continuity of treatment.
* Assisted in the training and mentoring of junior nursing staff, ensuring.
* adherence to best practices and standards of care.
* Maintained accurate and detailed medical records and documentation to support.
* efficient and effective healthcare delivery.
* Collaborated with interpreters and utilized cross-cultural communication skills to
* facilitate effective communication with patients and their families.
* Developed strong relationships with patients, families, and colleagues to foster a
* supportive and caring healthcare environment.

**EDUCATION**

**Adesh Institute of MedicalSri Muktsar Sahib Punjab 2014-2018**

* Bachelor of science in nursing

**CERTIFICATIONS**

* **CSA intermediate/ Standard workplace first aid with CPR and AED certificate 2023-2025**
* **Registered Nurse** 2018

Punjab Nurses Registration Council (India)