

Sana Momin

Contact info;

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OBJECTIVE

To excel as a nurse in a respectable organization, with the aim of professional and personal growth which contribute positively towards the organization's success.

EDUCATION

Aga Khan University School of Nursing and Midwifery: Karachi, Sindh Post RN Bachelor of Science in Nursing	2017
Aga Khan University School of Nursing and Midwifery: Karachi, Sindh Diploma in Nursing	2012
Pakistan Educational Foundation College: Karachi, Sindh Intermediate (Pre- Medical)	2009
Happy Palace School: Karachi, Sindh Matriculation	2008

CLINICAL EXPERIENCE

Geriatrics	Aziz Square Senior Citizen Home: Karachi, Sindh	Fall 2017
Psychiatrics	Recovery House: Karachi, Sindh	Fall 2017
Psychiatrics	Karwan-e-Hayat: Karachi, Sindh	Fall 2017
Community Health	Ali Jiwani Community: Karachi, Sindh	Spring 2017
Palliative	Children's Cancer Hospital: Karachi, Sindh	Spring 2017
Palliative	Aga Khan University Hospital: Karachi, Sindh	Spring 2017
Medical-Surgical	Aga Khan University Hospital: Karachi, Sindh	Fall 2016
Medical-Surgical	Patel Hospital: Karachi, Sindh	Fall 2016

WORK EXPERIENCE

Ministry of Health, Kuwait Staff Nurse- Hawally West Clinic- Primary Health Care Emergency Room <ul style="list-style-type: none">● Handle Medical and Caro-vascular Emergencies (IM, Stroke).● Provide First Aid to the patients with RTA, Trauma, burn. General Nursing Room <ul style="list-style-type: none">● Perform sterile dressing of open and close wound● Check vital sign of patients● Prepare and administer intravenous, topical, intramuscular, subcutaneous, oral and inhalation medications to adult and pediatric patients as per Doctor's order.● Educate client and families about medical condition with collaboration with multidisciplinary team	Jan 2022- April 2024
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- Work for staff development and professional growth
- Develop specialty based annual educational calendar as per identified staff training needs
- Develop and conduct specialty-based courses/ educational material.
- Provide guidance and new learning opportunities on the unit for all nursing staff to enhance their Professional growth.
- Guide and support staff in providing quality care to ICU patients on non-invasive and invasive ventilator
- Ensure timely preparation and monitoring of clinical indicators as per set benchmark.
- Teach critical care to trainee technicians, intern Nurses and Bachelors of science in Respiratory therapy students

- Work for staff development and professional growth
- Monitor and update staff credentials
- Develop specialty based annual educational calendar as per identified staff training needs
- Develop and conduct specialty-based courses/ educational material.
Guide and support staff in providing quality care to Transplanted and patient with Urological and nephrological diseases
- Provide guidance and new learning opportunities on the unit for all nursing staff to enhance their Professional growth.
- Provide complete supervision and shadowing to new Nursing interns in the department.
- Prepare and submit annual goals and objectives for staff development.
- Ensure timely preparation and monitoring of clinical indicators as per set benchmark

- Develop day to day nursing care plans and implement it on patient
- Perform head to toe assessment of adult and pediatric patients
- Preparation and administer intravenous, topical, intramuscular, subcutaneous, oral and inhalation medications to adult and pediatric patients
- Manage and assist patient with non-invasive and invasive ventilator such as BiPAP, HFOV, Bent and Galileo, Hamilton ventilators
- Manage patients with lines, catheters and drains and assist with their interstation. (CVP, A-line, Jeocath, Portacath, Picline, Swan Ganz, Chest tube)
- Care and manage critically ill patients with high ventilator parameters
- Provide intensive care to patient with respiratory distress, pneumonia, shock, multi organ failure, septic shock, cardiogenic shock, neurogenic and hypovolemic shock
- Communicate with patients and families to understand their needs and explain patient condition and treatment procedures
- Identify, record, and raise concerns about changes in patient's condition
- Perform Electrocardiography and its interpretation

- Perform ABGs, cultures and sampling of patient
- Perform sterile dressing of all invasive lines and bedsores.
- Perform cardiopulmonary resuscitation, ACLS, PALS and BLS
- Perform intravenous cannulation on adult and pediatric patients
- Follow contact, droplet, isolation precautions and infection control procedures
- Conduct education sessions for staff and families
- Arrange staffing and work under workload pressure as a Team Leader in the unit
- Guide and facilitate students and nursing intern as a Team leader
- Perform and manage patients with continuous renal replacement therapy (CRRT)
- Work in collaboration with multidisciplinary team

CERTIFICATIONS and AWARDS

- Distinction in Research (Merit Certificate)
- Basic Life Support Certificate from American Heart Association **BLS (2023)**
- Basic Life Support provider from National Health Care provider solution **(2025)**
- Continuous renal replacement therapy **CRRT (2015)**
- Advanced Cardiac Life Support **ACLS (2018)**
- Workshop on Basic Electrocardiography interpretation **(ECG)**
- JCIA certificate of appreciation
- Medication Certification
- 15th National Health science Research Symposium Social and Economical Determinants of Health.
- Simulation base Urology workshop
- Simulation base Nephrology workshop
- Simulation Base Renal Transplant workshop
- Procedural sedation certificate course
- IV cannulation certification
- Nurse instructor development workshop
- Staff Development Educators' Retreat
- Certificate of contribution as workshop faculty on Relief of Urinary Obstruction.

ADDITIONAL SKILLS

- Certified as Microsoft offices beginner 2003 (Word, PowerPoint, Excel, Publisher)
- Write and speak Urdu and English

EXTRACURRICULAR ACTIVITIES/COMMUNITY SERVICE

- Member at Parindey (working on Mental Health) September 2017- December 2021
- Member at Al-Azhar Garden Community Emergency Response Team (CERT) 2017- January 2022.
- Member at Al- Azhar Garden Social Welfare Board from March 2018 to March 2019

REFERENCES: Available on request