

**ALEXANDRA IYOBO EHIOSUN**

**HEALTHCARE ASSISTANT**

Nigeria

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**PROFESSIONAL PROFILE**

Highly dedicated and compassionate Healthcare Assistant with a strong background in delivering exceptional care and support to patients within hospital and care homes settings. Demonstrating a genuine passion for enhancing the quality of life for individuals under my care, I consistently prioritize their needs and well-being.

**EXPERIENCE**

✓ **Mrs Dorothy( private home care)** june 2024 - till present  
home care Aide

- preparing and serving healthy meals
- maintaining a clean living environment,
- Assisting with daily living activities,
- Administering medication Reminder
- Accompanying client to doctor's appointment.
- Monitoring client health regularly by conducting vital signs.
- Engaging patient with day time actives, thereby reducing day time sleeping by 50% giving room for proper night sleep.

✓ **Oreste medical center(Hospital) Nigeria.** May 2022 - May 2024  
Hospital healthcare Assistant

- Assisted nurses in providing direct patient care and support to a diverse population of patients, including those with chronic illnesses, post-operative patients, and those with various medical conditions.
- Maintained cleanliness and comfort, communicated effectively, followed strict safety protocols, provided emotional support to patients, families, team members, care, coordination of tasks, safety protocols, infection control measures, sterile environment
- Provided emotional support, surgical journey, transportation of medical equipment, healthcare professionals, care plans
- Recorded and documented vital signs of over 50 patients daily thereby reducing the waiting time of patients.
- Assisted patient confirmed to bed. With bed bath, changing diapers and turning patients.

✓ **Lily Hospital Limited/ Clinical placements: Nigeria** Dec 2021 - April 2023  
Clinical Healthcare Aide

- Assisted Nureses in transferring patients to the operating room and out of operation room
- Responded to patients call bell swiftly and promptly.

- Maintained a clean and organized environment in patient rooms
- Provided support to patients’ families and served meals to patients on trays and also performed bed bath, oral care, and hair care to confined patients as directed by Registered nurse
- Administered Oral medication with the supervision of Registered nurse.
- Coordinated bed and room space in various wards, ensured patients received timely accommodation and care

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### CORE COMPETENCE

- ✓Personal hygiene care
- ✓ Recording and documentation, patient Confidentiality.
- ✓Elderly care
- ✓Emotional support
- ✓Feeding support
- ✓House keeping
- ✓Mobility support
- ✓Excellent Client service
- ✓Good standard of spoken and written communication skill

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### EDUCATION

✓ <b>LONDON PROFESSIONAL TRAINING CENTER</b> NVQ 3 Diploma health and social care	2022
✓ <b>ALISON ONLINE</b> Dementia care	2022
✓ <b>ALISON</b> Medication Administration	2022
✓ <b>LONDON PROFESSIONAL TRAINING CENTER - NIGERIA</b> Care Certificate 15 care standards.	2021
✓ <b>UNIVERSITY OF BENIN NIGERIA</b> Bachelor of Science	2009
✓ <b>GREATER TOMORROW SECONDARY SCHOOL</b> high school Certificate	2003

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### CERTIFICATION

- ✓ NVQ3 Diploma Health and social care ( United kingdom certificate)
- ✓UK Standard Care Certificate ( 15 care standard- United kingdom
- ✓First Aid Certified
- ✓CPR Certified
- ✓Dementia care
- ✓ High School grade 12
- ✓ Bachelor of science

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## SKILLS & INTREST

English language ( Native)

TECH DEVICES Computers, printers, scanners Phones & tablet) Microsoft office suites, Medical Apps internet, email Reading and responding. Swimming, volleyball, chatting.

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## ADDITIONAL INFORMATION

- ✓ Credentials Evaluated
- ✓ IELTS Band 6.0
- ✓ International Drivers Permit and Driver's license.
- ✓ Tuberculosis chest x-ray test Results done at International Migration (IOM) Abuja, Nigeria.
- ✓ Proof of Covid Vaccination.