**MUGONA MUGABI FRED**

**Address; 16308 65 st NW Phone; 7807009796 Email; mugonamugabifred@gmail.com**

 **SUMMARY**

Dedicated and compassionate care worker with experience in providing safe and nurturing environments for people with physical and mental disabilities. I have strong verbal and written communication skills, with the ability to build positive relationships with parents and children.

**SKILLS**

* Excellent in building meaningful relationships and dedication to individuals who have developmental disabilities, complex needs and mental diagnosis by implementing behavior support plans to help individuals learn coping and self-regulation skills, enabling them to engage in a meaningful way with their peers and their community.
* Confident and able to create innovation within the surrounding environment to help individuals learn about and access opportunities to engage with their community in a way that is meaningful to them and gives them a sense of joy. quickly in emergency situations with sound judgment.
* Demonstrated ability to use positive practices, skill building and creation of supportive and professional relationships that will support individuals in creating a life that is meaningful for them and in which they can experience their sense of value.
* Proven ability to implement service plans, communicating with members of the team both in writing and verbal and through using a personal centered approach to create effective relationships and worker effectively as part of the team.
* Expert in maintaining a safe environment that will help the individuals to shape their homes safe for both them and those working with them, and that fosters relationships and a sense of pride for those who live there.
* Other areas of expertise include strong verbal and written communication skills, computer proficiency.

 **CERTIFICATIONS**
* Standard First Aid Level C/AED & CPR
* Canadian Cultural Competence
* Aboriginal Awareness training
* Safe Food Handling for Canada
* WHMIS training

**WORK HISTORY**

 **COMMUNITY SERVICE WORKER Aug. 2023 to Current**

**The Good Samaritan Society**

* Providing care and services to residents and clients with mental and physical disabilities
* Provides safe and non-threatening environment
* Working together by partnering in shared responsibility
* Supports individuals with diverse abilities, including developmental disabilities in their home.
* Assists with daily living activities and encourages independence.
* Helps individuals to attend appointments and assists them to be involved in recreational events.
* Encourage integration into the community by supporting to be involved in volunteer activities.

**DISABILITY SUPPORT WORKER Mar.. 2023 to Nov 2023**

**Key support services Canada, Edmonton AB**

* Supports individuals with diverse abilities, including developmental disabilities in their home.
* Assists with daily living activities and encourages independence.
* Helps individuals to attend appointments and assists them to be involved in recreational events.
* Encourage integration into the community by supporting to be involved in volunteer activities.

**CLEANER Jan. to Mar. 2023
Scandinavian, Edmonton, AB**

* Handled equipment, chemicals, and materials properly and with caution.
* Worked alongside other cleaners to complete jobs in corporate office buildings.
* Delivered quality customer service to address urgent needs and cleaning requests.
* Used time management and efficient cleaning methods to meet deadlines.
* Mixed, used and properly stored hazardous chemical cleaners to reduce risk of injury or illness.
* Maintained cleanliness of restrooms by washing down and properly sanitizing walls, floors, and toilets.
* Maintained floor cleaning and waxing equipment.
* Followed safety standards and established SOPs when handling, mixing and storing hazardous chemicals.

 **COMMUNITY DISABILITY WORKER 2018 to 2023
L'arche**

* Assisted individuals with intellectual disabilities with daily living activities.
* Supported Individuals to maintain a health routine and develop their life skills.
* Provided safety to individuals and guided them in their daily activities.
* Maintained a healthy environment through housekeeping
* Assisted individuals with meal preparations
* Supported individuals with personal care activities
* Participated in taking individuals for outdoor activities

 **EDUCATION**

* Bachelor’s degree, Bachelor in Education,, Makerere University - Uganda 2013
* High School Diploma, Kampala, Uganda 1992

**REFERENCES:**

Available upon request.