

# **Mathew Odia**

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## **PROFILE**

Dedicated and compassionate caregiver with 6 years of experience providing exceptional care to individuals facing various health challenges. Possessing a genuine passion for enhancing the quality of life for those in need, I am committed to delivering personalized, patient-centered care.

## **CORE COMPETENCIES & SKILLS**

- Compassionate care
- Excellent communication
- Interpersonal communication
- Familiarity with social and behavioral disability
- Personalized assistance
- Patience
- Physical stamina
- Adaptability
- Attention to Detail
- Committed to service
- Crisis intervention and conflict resolution skills
- Cultural competence and sensitivity to diverse populations
- Proficiency in Microsoft Office and case management software
- Knowledge of social work ethics and principles

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## **HIGHLIGHTS OF QUALIFICATIONS**

- Providing empathetic and considerate support to individuals facing health challenges, fostering a sense of comfort and well-being
- Clear and open communication with care recipients, families, and healthcare professionals to ensure a collaborative and informed caregiving approach.
- Tailoring care plans to meet the unique needs and preferences of each individual, promoting independence and autonomy
- Demonstrating patience in challenging situations and adapting quickly to evolving care requirements.
- Paying meticulous attention to the specific health conditions, medication schedules, and care instructions of care recipients.
- Possessing the physical strength and endurance required for tasks such as lifting, transferring, and assisting with mobility.

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## **PROFESSIONAL EXPERIENCE**

### **Caregiver God's power Home Care Services, Edo State Nigeria May 2020- December 2023**

- Provide compassionate assistance to individuals with diverse health conditions, including Alzheimer's, Parkinson's, and mobility challenges.
- Collaborate with healthcare professionals to ensure adherence to prescribed care plans and medication schedules.
- Foster a positive and supportive environment by engaging in meaningful conversations, recreational activities, and companionship.
- Maintain detailed records of care provided, ensuring accurate documentation for care plans and healthcare reporting.
- Assist those with disability in moving around and ensuring their needs are met.

### **Child and Youth Care Worker St John Child Care and After School Service     Mar 2017–May 2020**

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- Plan, lead and guide activities throughout the day
- Ensure safety always by monitoring children throughout the day
- Provide guidance to assisting staff members
- Ensures environment is kept clean and cleaning schedule is followed
- Assist with feeding and cleaning children while encouraging learning and socialization.
- Maintaining a safe, warm and positive environment where the children/youth feel welcomed and loved.
- Assisting children and youth in attending appointments and successfully participating in them educational placements and day programs
- Supporting children and youth through life skills teachings and in-the moment learning, with a hands-on approach
- Assisting children and youth in overcoming barriers and supporting them to develop positive and healthy relationships with their families and communities
- Supporting the children and youth to access community resources and providing information about community services and resources available to the

## **Intake Worker Hope Mission February 2024 –April 2024 Downtown Edmonton Alberta**

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- Conducted intake interviews with individuals seeking assistance, assessing their needs and determining eligibility for services.
- Provided crisis intervention and emotional support to clients in distress, connecting them with appropriate resources and referrals.
- Maintained accurate and confidential client records, documenting assessments, services provided, and progress made.
- Collaborated with other staff members and community agencies to coordinate services and ensure comprehensive support for clients.
- Participated in staff meetings, training sessions, and workshops to enhance knowledge and skills in the field of social work.
- Assisted licensed social workers in conducting client assessments and developing treatment plans.
- Facilitated support groups and educational workshops on topics such as mental health, addiction recovery, and life skills.
- Advocated for clients' needs and rights, liaising with government agencies, healthcare providers, and other stakeholders.
- Conducted outreach activities to raise awareness about available services and resources within the community.
- Engaged in regular supervision and reflective practice to enhance professional growth and competence.

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### **Education**

- High School Certificate

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### **Certifications:**

- CPR and First Aid Certification

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### **Reference**

- Available on request.