**HIGHLIGHTS OF QUALIFICATIONS**

Compassionate caregiver with more than 3 years of experience. Proven track record of excellence in providing for daily needs, including homemaking, and supplementing therapy. Have received frequent commendations from clients and families for compassion, efficiency, and time management. Praised for patience and problem solving.

* **First Aid certificate, WHMIS, Meds Administration Certificate, Non-Crisis intervention**, **Food Safety Certificate, valid Alberta class 5 Licence with reliable car and clear driving abstract.**

**WORK EXPERIENCE**

**Support Care Worker –** FT

Shepard of Good Hope,Ottawa, Ontario **May 2020 – Dec 2021**

* Help prepare and serve meals to residential clients
* Assisted in administering medications from bubble packs.
* Monitored the food and medical intake of the client
* Clean the dining area, sanitized the tables, and swept and mopped the floors
* Assisted residents with daily living activities such as bathing, toileting, dressing and undressing
* Helped with light housekeeping duties such as dishwashing and laundry, when required

**Community Rehabilitation Worker (CRW1)** -PT

Tralee Residential Services Ltd, AB                                                           **September 2022 -Present**

* Assist clients in all areas as bathing, grooming, and dressing, and other personal hygiene activities.
* Changed non-sterile dressings and bandages.
* Operated special equipment such as lifts, wheelchairs
* Assisted clients with bed transfers, lifting, turning, walking and crutch walking.
* Assisted in administering medications from bubble packs.
* Monitored the food and medical intake of the client
* Performed light housekeeping duties
* Reported client daily activities and reports

**Support Care Worker** -PT

Private Home, AB  **2021**

* Administered medication and kept a daily journal of medicine intake.
* Responsible for trachea care, such as suctioning and cleaning.
* Completed light housekeeping duties; planned and prepared meals; changed bed linen.
* Maintained a daily journal of activities and reported any physical or cognitive changes to the family of loved one.
* Responded to all physical and emotional needs of the patient.
* Offered emotional support, companionship and conversation.

**EDUCATION BACKGROUND**

**Bachelor of Social Sciences**   **2014**

**References will be available upon request.**