

# Grace Kahihu

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## **OBJECTIVE:**

To obtain employment as an individual support worker

## **PERSONAL SUMMARY:**

- Extensive experience in assisting people with disabilities and seniors
- Excellent customer service and active listening and empathy skills
- Dedicated, organized individual with extinguishable interpersonal skills
- Great team worker, keen and willing to learn and develop new skills
- Able to work long hours cleaning, assisting and perform assigned duties
- Dependable, flexible, honest, reliable, punctual and ethical
- Superb time management and prioritizing skills
- Efficiently works under pressure with minimal supervision
- Diploma in Health Records and information Office

## **TRAINING & TICKETS:**

- WHMIS
- Standard First with CPR & AED
- Childcare First Aid
- Domestic Violence Awareness
- non violent crisis intervention
- FOIP Alberta

## **WORK EXPERIENCE:**

**client support worker**      *rehoboth christian ministries*      October- present

- provide one on one support to clients with disability..
- help with personal care and medication administration.
- encourage client dependability, and respect clients boundaries.

**disability Support Worker**      *Autism SA*      2017 – 2018

- Assured safety and hygiene at the worksite
- Performed household tasks such as preparing meals, cleaning and laundry.
- Promoted a community integration by providing extensive physical, emotional and social support.

**Senior Support Worker/ Companion**      *Always Care Services*      2016 – 2017

- Documented daily activities, behaviors and incidents for record keeping.
- Used equipment like lifter, wheelchair and swivel cushions to assist clients with limited mobility.
- Provided essential and important daily living support and comfort of clients and residents

## **VOLUNTEER EXPERIENCE:**

Hope Mission – Edmonton, Alberta, May 2023 – Present

- Checking the well being of clients; serving meals to the clients
- Cleaning and maintaining work space
- Responsible for food preparation and Logistics

## **EDUCATION AND CERTIFICATION:**

- Diploma in Health records and information office, 2018
- Certificate in Developmental Disability, 2015

References available upon request.