

Valentine Achankeng

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Career Overview

Energetic and motivated Personal Support Worker who is highly organized and skilled at balancing the needs of clients in both medical and personal capacities. Accurate assertive and adaptable professional who can effectively multitask in challenging situations and meet critical deadlines.

Education

DEGREE: SOCIAL SCIENCE (ANTHROPOLOGY)

RECEIVED: 2012

INSTITUTION: UNIVERSITY OF YAOUNDE

Experience

CAREPROS CANADA

June 2019 – PRESENT (CASUAL POSITION)

Child and Youth Care Worker

- Plan nutritious and healthy meals for clients.
- Organize daily activities to encourage health and mental wellness of patients.
- Provide emotional, physical, and mental support.
- Assist in maintaining safe, clean, and positive client environments.
- Coordinate care with other healthcare and support professionals

RAPS CANADA

February 2022 – PRESENT (CASUAL POSITION)

Outreach Worker

- Consistently recognized by management for providing superior client services.
- Observed and documented client behaviors.
- Reported family issues and safety hazards to supervisor.
- Prepared healthy and diverse meals for clients.
- Completed light housekeeping duties in residences.

- Transported patients to appointments and took on basic errands.

HOPE4LIFE CANADA

September 2023 – PRESENT

Support Worker

- Helped clients accurately take medication.
- Cleaned client homes and removed environmental safety issues.
- Updated patient files and completed required documentation.
- Managed a caseload of 3 to 6 patients at a time.
- Educated families on patient care and wellness strategies.
- Maintained client confidentiality at all times.

Certifications

- First Aid CPR/AED Level C.
- Suicide Prevention
- Therapeutic Crisis Intervention
- Abuse Prevention
- Med Assist
- Fetal Alcohol Spectrum Disorder
- CLASS 5 driving licence
- Mental Health First Aid Canada.
- Crisis Intervention Prevention
- FOIP: Focus on Privacy
- Food safety
- Infection control

SKILLS

- Administration.
- Management.
- Leadership.
- Organization.
- Verbal communication.
- Written communication.
- Computer Skills.