Mariana Nnonzi Ewonkem

273 Walgrove Terrace SE

Telephone : 587-917-2492

ewonkemmariana@yahoo.com

 Dear Hiring Manager,

**Re: Application for the position of support worker**

With over 10 years of experience providing personal care and support to adults and youths with developmental disabilities and people who are chronically ill, I pride myself as being a dedicated and hardworking individual. In my position as care giver, I am responsible for the everyday needs of the clients. I assist clients in bathing, toileting and feeding. My additional duties include reminding and encouraging clients to take their medication on time, as well as keeping their home in order.

I also worked as a support worker for a rehabilitation centre where I assisted in designing programs for youths with disabilities. I ensured their access to all centre facilities, monitored and evaluated their activities and prepared quarterly reports and case notes of the youths under my care. This role will help me perform better for the present one i am applying for.

I hold a Bachelor of Laws with proven ability to work with clients from diverse socio-cultural and religious backgrounds. I am compassionate, consistent and accountable, with excellent multi-tasking skills. I can work well alone or as part of a team. Being a part of your wonderful team will definitely give me the opportunity to learn new skills.

If you are interested in a self-starter and highly motivated candidate, then I am the one you are looking for. My resume is attached for your review and I am available for an interview at your convenience. I appreciate your time and look forward to speaking with you.

Yours sincerely,

Mariana Ewonkem.

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 **OBJECTIVE**

Passionate about supporting adults and children with developmental disabilities , the critically ill and their families enjoy positive aging experience .

**RELEVANT SKILLS**

* Experience in providing personal care and support to adults and children with developmental disabilities and the critically ill.
* Knowledge of community inclusion and person centred planning
* Self-motivated professional, self-starter with the ability to work in a collaborative team based environment under minimum supervision.
* Solid organizational, time management, good decision making and multi-tasking skills, and demonstrated ability in prioritising work
* Excellent team spirit initiative and sense of responsibility, very open and ready to learn
* Supervisory qualities with proven ability to manage and supervise group activities.
* Community-minded, very patient, dedicated, outgoing and selfless
* Excellent written and oral communication, interpersonal, analytical and problem-solving skills.
* Compassionate and understanding towards others.
* Experience in the use of Microsoft Office and the Internet.

**PROFESSIONAL EXPERIENCE**

Intake worker ( Jan 2023- present)

(HOPE MISSION- Edmonton)

 - Receive new guests to the shelter

- Assign them to a bed

 - Provide them with blankets/towels/sandwich/juice box

- Provide them with storage bins and help them get access to their storage bins

- Collect blankets after use for laundry - Give them referrals as per their needs.

- Make sure all guests are safe by checking on them at prescribed intervals.

 - Reporting daily on incidences during my shift of work

# Private Family Home, Calgary February 2022 – Dec. 2022

 ***Care giver***

* Promote individual goals and aspirations of my client.
* Provide mental health and behavioral support
* Provide support to maintain health (medication administration, emotional support.)
* Perform duties of home maintenance and supporting daily routines (meal preparation, cleaning, laundry, etc.)
* Make available, daily progress and shift reports.
* Provide one on one direct behavioral intervention.
* Help to provide daily hygiene routine for the client that I work with.
* Carry out companionship duties as a care giver
* Ensure safety of client at all times.

***(Secure Residential Care Centre) Belgium*  April 2020 – Dec. 2021**

**Care giver**

* Responded to the everyday needs of adults and the critically ill
* Assisted clients in bathing, toileting and feeding
* Reminded and encouraged them to take their medication on time
* Observed and reported on client condition by providing daily progress and shift reports.
* Accompanied clients to recreational facilities and appointments
* Maintained client’s confidentiality, privacy and dignity at all times
* Provided aspects of home maintenance and supporting daily routines (meal preparation, cleaning, laundry, etc.)

# Borstal Institute, Buea - Cameroon March 2017– Oct. 2021

#  *Support Worker*

* Provided a broad spectrum of activities and experiences by delivering individual and small group instruction such as anger management and social skills development in order to address the goals of the youths.
* Contributed proactively to the safety and security of the environment by implementing appropriate interventions.
* Ensured adherence to safety standards; storing and distributing medications as per the program’s policy; may be required to monitor the medical needs of the youths in order to promote their safety and of others.
* Supported other team members e.g. Health Assistants, Education Assistants, Therapists, Parents by providing programming recommendations for behaviour support and improvements.

**Assistant Social Development Program Officer**

*Rehabilitation Centre Buea, Cameroon* **July 2010– June 2016**

* Assisted in designing programs for youths with disabilities
* Ensured their access to all centre facilities
* Monitored and evaluated their activities
* Wrote quarterly reports and case notes of youth and ensured proper filling

**Assistant Program Coordinator**

*Youth and Animation Centre, Bamenda, North West Cameroon* **Aug. 2009 – June 2010**

* Researched and designed service projects to engage the youth through volunteering and mentorship while empowering them to make better choices and become successful citizens
* Worked effectively with other members of the team to meet the individual needs of the youth in the program
* Led youth groups at holiday camps through guided fieldtrips, sports activities and satisfaction surveys
* Wrote critical incidence reports and case notes of youth and ensured efficient filing
* Resolved conflict between youth
* Connected youth with community resources and encouraged them to participate in programs meant for youth
* Facilitated life skills and youth voice nights within the program

**EDUCATION**

Bachelor of Laws **1997 -2000**

University of Dschang-Cameroon

**OTHER CERTIFICATIONS**

Standard First Aid and CPR/ Level C, Canadian Red Cross 2023

**References:** Available upon request.