

KUM DOREEN ZUNGHA (SPOUSE) TEZURH

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Summary

Dedicated Direct Care Worker passionate about helping clients lead fulfilling lives by managing health-related conditions. Knowledgeable about medication administration, appointments and social activities. Well-organized and compassionate with good relationship-building skills.

Skills

- Light Housekeeping
- Vitals Monitoring and Documentation
- CPR Certification
- Supportive Personality
- First Aid Certification
- Clear Communication
- Needs Assessment
- Caring Companionship

Experience

Support Worker

Mar 2021 to May 2023

Carl Care Home Services — Douala , Cameroon

- Provide basic health services to patients with disability.
- Assist clients in their daily hygiene routines activities.
- Transported clients to doctor appointments and other errands using wheelchair accessible vehicles.
- Monitored vital signs including blood pressure, temperature and pulse rate.
- Provided emotional and practical support to vulnerable adults.
- Accompanied clients to medical appointments and assisted them with their daily needs.
- Monitored client wellbeing and reported any changes or concerns to relevant staff members.
- Reported any incidents or accidents in accordance with company policy and procedure.
- Supported clients' social, physical and emotional needs to help integrate into local community.
- Assisted clients with personal care, such as showering and dressing.

Support Worker

Mar 2019 to Jan 2021

Cybo Retirement Home — Douala, Cameroon

- Helped clients develop coping mechanisms, technical abilities and job skills.
- Administered prescribed medications on a timely basis following care plan instructions.
- Accompanied clients to social events such as movies or plays.
- Assisted with ambulation by providing support during transfers from bed to chair or wheelchair.
- Performed light housekeeping tasks related to the client's care such as laundry and changing linens.
- Improved patient outlook and daily living through compassionate care.
- Laundered clothing and bedding to prevent infection.
- Assisted clients with personal care, such as showering and dressing.
- Followed care plan and directions to administer medications.
- Followed safe lifting and transferring techniques to transport residents.
- Provided emotional and practical support to vulnerable adults.
- Accompanied clients to medical appointments and assisted them with their daily needs.

Lana Life Care Home — Dubai, United Arab Emirate, U.A.E

- Provided emotional and practical support to elderly clients in their homes.
- Monitored vital signs including blood pressure and pulse rate.
- Ensured that client safety was maintained through regular home visits.
- Maintained communication with families regarding the progress of their loved ones.
- Assessed changes in the condition or behavior of clients and reported any concerns promptly to supervisor.
- Educated family members on how best to support their loved one's health needs.
- Provided timely reminders for patient medication administration.
- Assisted client with personal hygiene, mobility and transportation.
- Provided support for physical, emotional and social needs of clients.
- Accompanied clients on outdoor activities when necessary.
- Established effective patient communication to develop positive relationships.
- Maintained clean and well-organized environment for client happiness and safety.

Education and Training

Standard First Aid & CPR

Oct 2023

Certification — Edmonton, AB

High School Certificate, High School Diploma

Bilingual High School — Douala, Cameroon

Volunteer Childminder At Greenfield Baptist Church — Cameroon

References

References available upon request.