Phone No: 587-594-5795

Email: aliciaoruh62@gmail.com

# PERSONAL PROFILE

* 1+ years of work experience working with various vulnerable groups in different settings
* High Knowledge of Community Resources
* Excellent knowledge and understanding of poverty-related issues.
* Knowledge of working with people with disabilities.
* Thrive under pressure in, a fast-paced competitive environment.
* Flexible work schedule, available for daytime, evening, and weekend shifts.
* Extensive experience managing client files and documentation in an accurate and discreet manner.
* Knowledge of mental wellness practices and the processes and procedures involved in providing effective home care.

• Excellent written and oral communication skills

* Multitasking skills, Excellent team player.
* Proficiency in computer applications (MS Word, Excel, Microsoft Outlook, and PowerPoint)

**WORK EXPERIENCE**

# Progressive Vine Abilities

Edmonton, Alberta

February 2023 - September 2023

# Community Support Worker

* Conducted client assessments to identify needs, strengths, and goals.
* Developed individualized care plans in collaboration with clients and support networks.
* Administered medications and maintained accurate records.
* Assisted with activities of daily living (ADLs) such as bathing, dressing, grooming, and mobility.
* Provided emotional support and counseling to clients facing various challenges.
* Incorporated cultural sensitivity into care plans.
* Ensured client safety by assessing and minimizing risks.

# Olive Prime Psychological Services

Lagos, Nigeria

January 2022- December 2022

# Mental Support Worker

* Proper communication of client’s needs to team leaders and managers.
* Supported clients with daily activities, cleaning, and feeding. Gives medication at the appropriate time.
* Helped in the development of personal care plans for mental health and disabled individuals.
* Ensured the safety and security of the individuals by removing harmful objects from their vicinity.
* Interacted with patients during therapeutic activities and recreation.
* Completed monthly ledger for client and residence.
* Participated in the Assessment, Care Planning, Implementation, and evaluation.

# LICENCE AND CERTIFICATION

* Medication training
* Standard First Aid and CPR Certification
* Trauma Informed Care Certified
* Early Childhood Educator Certification

**EDUCATION**

**High School Diploma**

Great Bachel British International College- 2019

**Diploma in Health Assistant**

Lagos State College of Health Technology, Yaba **–** 2022

# Diploma in Child and Youth Care

Currently Enrolled in Norquest College

**REFERENCES:** Available on request.