Bernadette Arcand

|Stony Plain AB| 780-691-5045 | bernadettelynn1213@gmail.com|

# **Objective**

I have extensive professional and personal experience in the care industry. As a mother of a medically complex child, I understand the importance of the duties performed and take my responsibilities very seriously. My goal is to provide my clients with the utmost care and empathy. My attention to detail works well for documentation and strict med schedules. I have experience with nasogastric and gastrostomy tube insertions and care, as well as specialized diets. I am also familiar with portable suction machines and supplemental oxygen. I have recently updated my Standard First Aid with AED and CPR level C and WHMIS 2020.

**PREVIOUS EMPLOYMENT**

## Support Worker for Adults with Disabilities

Nov 2018-April 2021

### Spruce Grove AB

I was responsible for the care and wellbeing of two clients for many days at a time. My punctuality and attention to detail was paramount while performing this type of work.

## Sawmill Steakhouse-Server

### Oct 2017-Nov2018

### Stony Plain AB

This job got me comfortable in a high paced environment where teamwork was essential to having a successful shift.

**A&W- Supervisor**

July 2015-Oct 2017

Stony Plain AB

During my time as a supervisor, I responsible for the health and safety of my workers. This allowed me to exercise my capabilities to work individually as well as a team in a high stress environment.

# **EDUCATION**

## High School Diploma

June 2015

### Onoway AB

# **REFERENCES**

Nicole Madsen Co-supervisor Melissa Sutherland

780-884-9184 780-722-6626

Danielle Sedens

587-337-1413