

STELLA UZOMA EMEASOBA

Caregiver | Personal Care Assistant | Home Care Aide | Personal Support Worker | Health Care Aide

Address: 26 Ogiyede Street Warri, Delta state, Nigeria

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PROFESSIONAL SUMMARY

Dedicated Caregiver with 5+ years of experience in improving the quality of life for a variety of clients and Patients. Competent in daily life support, medication administration, and personal care. Created trustworthy connections with clients and provided individualized care to achieve 98% client satisfaction. Partnered with interdisciplinary teams to ensure thorough wellness strategies. Eager to provide compassionate and effective care at all times.

CORE SKILLS AND COMPETENCE

- Personal Care Proficiency
- Excellent Communication Skills
- Empathetic and Compassionate
- Self-motivated and Interpersonal skills
- Medication Administration
- Team Work and Collaboration
- Problem Solving Skills
- Excellent Time Management
- Documentation and Reporting
- Confidentiality and Dependability
- Cultural Sensitivity and Adaptability
- Excellent Driving Skills

WORK EXPERIENCE

Volunteer Care Assistant

August 2022 – Present

Shakti and Saints Luxury Care

- Assisting with activities of daily living, such as bathing, dressing, grooming, toileting, and feeding. Ensuring the individual's personal hygiene and comfort.
- Administering prescribed medications according to schedules, tracking doses, and reporting any adverse reactions or changes in medication needs.
- Helping individuals with mobility challenges move around safely. This includes transferring from bed to chair, using mobility aids, and providing support during walks.
- Offering companionship and emotional support, engaging in conversations, providing social interaction, and helping to alleviate feelings of loneliness or isolation.
- Planning and preparing nutritious meals that meet dietary restrictions and preferences, and assisting with feeding if necessary.
- Performing light housekeeping tasks, such as tidying up living spaces, laundry, and maintaining a clean and organized environment for the individual's well-being.

Nursing assistant

Mar 2021 - Present

Pearl Clinic (hospital and maternity)

- Assessed and evaluates patient's physical and mental health and emotional status to assist with care needs.
- Consults and coordinate with healthcare team members to assess and evaluate patients care plan.
- Increased patient's satisfaction and recommendations rate to 98%.
- Adjust and modify the treatment plan as indicated and notified by doctor/supervisors
- Performed basic nursing duties such as wound dressing, fixing patient drip lines, administering medications and check- ups.
- Dressing, bathing, and grooming patients
- Serving meal trays, feeding or assisting in feeding patients
- Taking blood pressure, temperature and pulse at regular intervals
- Helping move patients in wheelchairs or who need assistance throughout the facility
- Providing companionship

Medical lab assistant**Jan 2018 - Mar 2021**

Pearl clinic (hospital and maternity)

- Provided instruments to patients for them to deposit their specimens, collected blood samples from patients with the use of syringe.
- Ensured confidentiality with patients' test results without disclosing the contents to third parties.
- Kept the laboratory environment clean to maintain good hygiene in the clinic, Practiced safety measures by carefully handling chemicals used during laboratory, procedures to avoid explosions that could result to injury
- Keep laboratory equipment in good working condition by applying quality control measures, such as sterilization and greasing to avoid damage.
- Carried out routine inspection of laboratory stock to check for unavailable materials and inform clinic management to place order for new supplies.
- Participated in trainings to learn new laboratory testing techniques for faster and more effective results.

Volunteer Care Assistant**Apr 2017 – Feb 2022**

Catholic Old Peoples Home

- Assisting with activities of daily living, such as bathing, dressing, grooming, toileting, and feeding.
- Performing light housekeeping tasks, such as tidying up living spaces, laundry, and maintaining a clean and organized environment for the individual's well-being.
- Offering companionship and emotional support, engaging in conversations, providing social interaction, and helping to alleviate feelings of loneliness or isolation.
- Helping individuals with mobility challenges move around safely. This includes transferring from bed to chair, using mobility aids, and providing support during walks.

Medical Lab Trainee (Industrial Training)**Feb 2008 – Jul 2008**

Bay Dynamic Laboratory

- Learned and used Lab. Machines and Equipment for examination and testing of specimen samples to determine causes of patient ailment.
- Assisted other laboratory employees by maintaining a sterile environment.
- Assisted in collection of specimens and processed it for testing.
- Organizing log books and attended to patients who came for medical laboratory test.
- Labeled and stored sample specimens and stock management

EDUCATION AND CERTIFICATES

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| • NCCHA (National Caregivers Certification As a Home Care Aide) by American Caregivers Association | 2023 |
| • Care Certificate 15 Care Standards by Caredemy | 2023 |
| • First Aid and CPR (Emergency Response Africa) | 2023 |
| • First Aid and CPR (Save a Life International) | 2023 |
| • Diploma in Care Giving by Alison UK. | 2023 |
| • Diploma in Nursing and Patient care by Alison UK. | 2023 |
| • Caregivers Certificate (Shakti and Saints Caregivers Academy) | 2022 |
| • BSc in Biochemistry. Chukwuemeka Odumegwu Ojukwu University, Anambra State, Nigeria. | 2009 |
- Major GPA:** 4.85/5.0 **Final Cumulative GPA:** 3.78/5.0, Top 2% Second Class Upper

REFEREE

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