

## Beverly White

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### Objective

- To obtain a full-time, part-time, or casual Health Care Aide position

### Profile

- 9.5 years working as a Health Care Aide at Royal Alexandra Hospital
- 10 years working as a Health Care Aide at Good Samaritan Society
- 2.5 years working as a Health Care Aide at Villa Marguerite
- Ability to work in a fast-paced environment
- Diplomatic and tactful in dealing with different situations
- Strong critical thinking and problem-solving skills and a great team player

### Work Experience

- Charting medical information as per guidelines
- Ordering supplies for the medical unit
- Transfer: manual lift, sit to stand lifts, track lifts, and regular lifts
- Enforced safety among residents
- Provide feeding assistance to residents
- Provide personal hygiene care including regular showers and bed baths
- Check vital signs
- Transport residents as needed
- Setting up isolation carts
- Provide emotional support to residents to reduce their anxiety and build empathetic working client relation
- Engage in extracurricular activities with residents

### Certification

- Health Care Aide Certification
- CPR

### Education

- Grade 12
- Nightingale Academy