# SHAVEL FRANCIS

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# **Objective**

With 2 years of studying as a Settlement Worker, volunteering, and from previous jobs, I will use my skills to effectively perform my duties, and goals and fulfill my responsibilities. With excellent listening skills, excellent reasoning and persuasion skills will be a great asset to your organization, and displaying good leadership allows me to engage in various environments.

# **Employment**

# Comfort Care Aide, Shepard's Garden Eden House (full time, contract) May-June 2021

- Complete regular sanitization to ensure clean environments for residents and staff
- Helping residents with personal care and recreational activities
- Caring for disabled patients
- Participated in inventory analysis, reporting, and restocking
- Handling visitations

### **Education**

# Settlement Studies Diploma Program NorQuest College, Edmonton, AB

**Sept 2020-August 2022** 

- Knowledge is Office 360 and Google programs
- Effective Time Management skills
- Knowledge about systematic and systemic issues faced by marginalized communities
- Knowledgeable about resources and organizations available to provide support
- Intercultural Awareness
- Knowledge about Albertan and Immigration Policies
- Assisted persons with finding income, housing, health, and social support

### **Skills and Abilities**

- Leadership
- Time Management
- Team worker
- Cultural Awareness

### Volunteer Activities

#### **Edmonton's Food Bank**

May 2022 - August 2022

- Client Services
- Agency Assistance

- Assisted in hamper line assembly
- Assisted in Sorting

## NorQuest College Settlement Studies Program

Jan 2021

#### **Settlement Advisor**

- Facilitated information session, statistic gathering
- Gathered and compiled resources about support programs for students and teachers
- Assisted with session facilitation

### **Hope Church Ministry and Homework Center**

**April 2020** 

- Taught English language to adults and seniors.
- Lunch Cook and Preparation
- Taught Home Economics and assisted students in locating resources for grant applications
- Homework tutor for primary and secondary school students.
- Supported the role of the secretary with tasks such as filing, calling, and feedback

# **Enos Barrett Learning Center for Disabled Children.**

**July 2020** 

- Teacher and Care aide.
- Cook and Facility Caretaker

Elderly Caretaker January 2018

- Assisted with personal hygiene
- Assisted with meal prep and diet
- Facilitated recreational activities
- Aided with medication administration

### **Certifications**

### St. John's Ambulance

Standard First Aid CPR and AED Level C

#### Trauma Informed Care Certificate

Introduction to Gender-Based Equality +

REFERENCES AVAILABLE UPON REQUEST