

## **HARMANPREET KAUR**

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### **CARRIER OBJECTIVE**

In the challenging world, I want to be a part of your organization where my talent and skills shall be imparted for the benefit and welfare of your prestigious organization as well as society. Where I assist clients with their disabilities to maintain their physical and emotional wellbeing.

### **Education**

- Community Support Worker Specialization – disability Norquest College, Edmonton, Alberta (September 2017)
- Early learning and Child Care [Educator] Norquest College, Edmonton, Alberta (September 2018)
- Bachelor of Science Nursing [Degree] [Registered Nurse/India] APS Charitable Hospital and College of Nursing Malaysian, Jalandhar affiliated to Baba Farid University of Health science. (September 2016)

### **WORK EXPERIENCE**

#### **Entrust Disabilities services (Community Disability worker)**

- Assist children with disabilities (physical and mental) with personal care and daily routines and providing them secure and healthy environment.
- I supported Children with advocacy as needed and observing different individual's behavior and reporting to Supervisors time to time.
- Helped children to cope with various behavioral and emotional challenges and practiced prioritizing own workload.
- I maintained professional communications with families, supervisors and with co-workers.
- I supported children by practicing my skills to provide them comfort on the daily basis by following procedures.

#### **Catholic social services (Community Support Worker)**

- Assist persons with disabilities (physical and mental) with personal care and daily routines.
  - Earned respect and trust from individuals with special needs and willing to support an individual's culture and spiritual beliefs behavioral challenges and improve independence, participation, and overall quality of life
  - disciplines to resolve life of individuals living
  - Support individuals to achieve their full potential as members of their community.
  - Administer and document medications for individuals and writing daily logs on share vision.
  - Assist individuals with transferring using lifts.

### **Good Samaritan Society [community support worker]**

- I also supported individuals with special needs/persons with physical disabilities (such as autism, mental retardation,) and helped them gain independence in their homes and communities.
- Maintained the healthy environment by cleaning and disinfecting time to time
- Assisted in everyday activities of individuals to ensure self-awareness as well as awareness of their surroundings.
- Communicate effectively with integrity, to individuals, families, and co-workers.
- Helping team leader by finishing monthly evaluating summary for every client.

### **Independent advocacy [disability practitioner]**

- Assist persons with disabilities (physical and mental) with personal care and daily routines.
- Assisted clients with serious addiction
- Support individuals to achieve their full potential as members of their community.
- Administer and document medications for individuals.
- Assist individuals with transferring using lifts.
- Plan everyday outings for individuals to promote community inclusion.
- Plan menu and make meals for individuals.
- Planning and booking trips/outings for clients through DATS

### **Mucho- Burrito Restaurant | Restaurant Supervisor**

- Ensure customer satisfaction through promoting excellent service; respond to customer complaints tactfully and professionally
- Oversee health code compliance and sanitation standards

- Analyze staff evaluations and feedback to improve the customer's experience
- Train new employees and provide ongoing training for all staff

### **PROFESSIONAL PROFILE**

- I will provide them clean and welcoming home and cook then their favorite meals.
- Ability to observe and recognize behavioral or health status changes in clients.
- I am willing to attend lots of training to increase my skills and to work hard as a team member with an excellent company
- I have ability to work in various settings: In-home, Centre-based, Community.
- Build a vision of inclusion, one person at a time. I able to Understand that individual in care have experienced trauma, and my role being a care giver to be patient with them. Ability to work independently and in collaboration
- Knowledge of local medical care regulations Proven ability to work in fast-paced, difficult environment.
- Ability to set and maintain boundaries and also able to role model healthy lifestyle choices.

### **FIELD PLACEMENTS AND VOLUNTEER WORK:**

#### **Catholic social services:**

- Practicum student at St. Adian ministry -1291 (Kensington group home)
- Assisted clients in daily personal care, toileting, clothes care, household duties and transportation.
- Assisted Highly behavior clients and practice different types skills.
- Acted as companion and assistant in grocery shopping, bill paying, and community engagement.
- Aided during mealtimes, in cooking and food preparation.

#### **Strathcona 55+ center: Practicum student [older adults]**

- Practice Active Listening Skills by communicating with seniors at center. Practice assisting seniors with senior toolkit for their needs.
- Assisted senior clients for research affordable housing and ways to make life more affordable who are economically challenged.
- practice how to provide direct care and purposeful support in an engaging, fun and safe environment
- Learned how to use Optimistic and positive approach to solve problems for seniors.
- practice working with complex systems.

- Practice confidentiality and relationship building with seniors

### **Good Samaritan society: Volunteering at Location- Dr. Gerald Zetter care center**

- Assisted Clients with dementia under supervision.
- Assisted clients during meal-time
- Assisted them for one-on-one visits with residents to care center park.
- Assisting with special events like birthday parties, and game nights.
- Assisted them in Creative Arts & Crafts programs.
- Helped them in Spiritual services.

#### **HOSPITAL TRAINING**

- Experience as a medical nurse in Civil Hospital Nakodar and Sultanpur Lodhi, Punjab, India.
- Experience as a psychiatric nurse in Dr. Divya Sagar Institute Mental hospital, Amritsar.
- Experience as pediatric nurse in PIMS and Patel Hospital, Jalandhar, Punjab, India
- Experience as a community nurse Community health nurse Civil Hospital, Shahkot and Lohian, Punjab, India.
- Experience with the person with Disabilities at Pingla Ghar, Jalandhar

#### **Additional Qualifications /Certificates**

1. Criminal record Check and Vulnerable Sector Certificate of Alberta
2. Abuse prevention and response training
3. Intercultural Awareness
4. Ethical decision making
5. Child Intervention Record Check of Alberta
6. Standard First Aid with CPR
7. Medication Administration
8. WHMIS 2015
9. PPE Safety
10. Lifting and Transferring Safety and Training
11. Workplace Violence Prevention and Response Program
12. Behavior support and management training.

**Languages: Speaks English, Hindi, and Punjabi with fluently.**

**Technical and Software Experience:**

**Software program: Internet, Microsoft Word, Microsoft PowerPoint, Microsoft Excel**

## **SUMMARY OF SKILLS**

- Communication and interpersonal skills.
- Remarkable experience working with people who need medical, physical, and mental attention.
- Steep knowledge of community service organizations.
- Wide knowledge of social work principles and practice, social health and welfare programs.
- Familiarity with behavior management strategies and different communication techniques.
- Ability to effectively assess, plan and implement community service.
- Working effectively as a team member.

**REFERENCE:** Vino Thomas, PPDD Team Coordinator, PPDD services [**Good Samaritan Society**]

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## **DECLARATION**

I hereby declare that the entire above particular mentioned by me are true to the best of my knowledge and belief.

**HARMANPREET KAUR**